



Guidance Note for Picnics 2026

Queen Elizabeth Olympic Park

1. General Guidance for Picnics at Queen Elizabeth Olympic Park

1.1 Introduction

Queen Elizabeth Olympic Park is a wonderful space to enjoy with friends and family. You are very welcome to picnic here, and we aim to ensure that all our visitors enjoy their time at the park.

The Park and venues are often very busy during the summer months, with a huge programme of events and activities, as well as people enjoying the playgrounds and Parkland, so it's always good to check our website for details of what's happening when and where, and for details of closures of outdoor spaces, paths, roads or venues.

We do encourage people with picnics of 10 or more to go to north area of the park, as there is more space. In order that all our visitors can enjoy the Fountains and the southern areas of the park, we encourage you to picnic away from these areas.

If you want to hold a bigger picnic of more than 60 people, reserve a specific area, put up structures, host a small event, or would like to book an area of the park, you must contact the Events team to discuss locations, terms, and conditions: events@londonlegacy.co.uk. For any activity which would restrict access to other Park users, you must gain permission from the Events team first.

You can find more information about staging an event of any size here: [Stage an Event](#)

2. Picnic Guidance Notes

Please see the guidance notes below that apply to organised events as well as general picnickers.

These guidelines also reflect our bylaws which can be found [here](#).

- **Advertising:** Likewise, no corporate or commercial advertising, banners or flyering is permitted. If this is a staff picnic you are not allowed to display any corporate banners.
- **Balloons:** If you are bringing balloons into the park, please do not release them as they are a hazard to wildlife. Mass balloon releases are not permitted in the park.
- **Charity Picnics:** If hosting a charity picnic, you will need permission. You will not be allowed to collect or solicit for money or display branding or banners without formal approval.
- **Cooking:** The use of cooking, barbeques, or fires is not allowed on the park.
- **Infrastructure:** No gazebos, tents, large parasols or umbrellas or any other structures. You are not allowed to stake equipment into the park without a permit.
- **Litter:** Please take your litter home with you or use the bins provided.
- **Playing Ball Games:** Please read byelaws and play sports activities in the more open spaces. Please also check out our website for the variety of sporting activity you can engage with as part of the Active People Active Park programme.
- **Playing Music:** Please be considerate of other Park users.
- **Responsible Drinking:** you may bring alcoholic drinks to the park, but they should only be for you or your guests. You may not sell alcohol on the park, and we do not tolerate alcohol related anti-social behaviour. Please use plastic, broken glass is a hazard to public and wildlife alike.
- **Smoking:** Whilst we do not restrict smoking on the park, we do ask that you are mindful of others enjoyment of the open spaces and take your rubbish with you.